

INDIA TAKES THE LEAD. ASSUME THE LOTUS POSITION, DENMARK!

International Day of Yoga celebrated in no less than seven cities this year

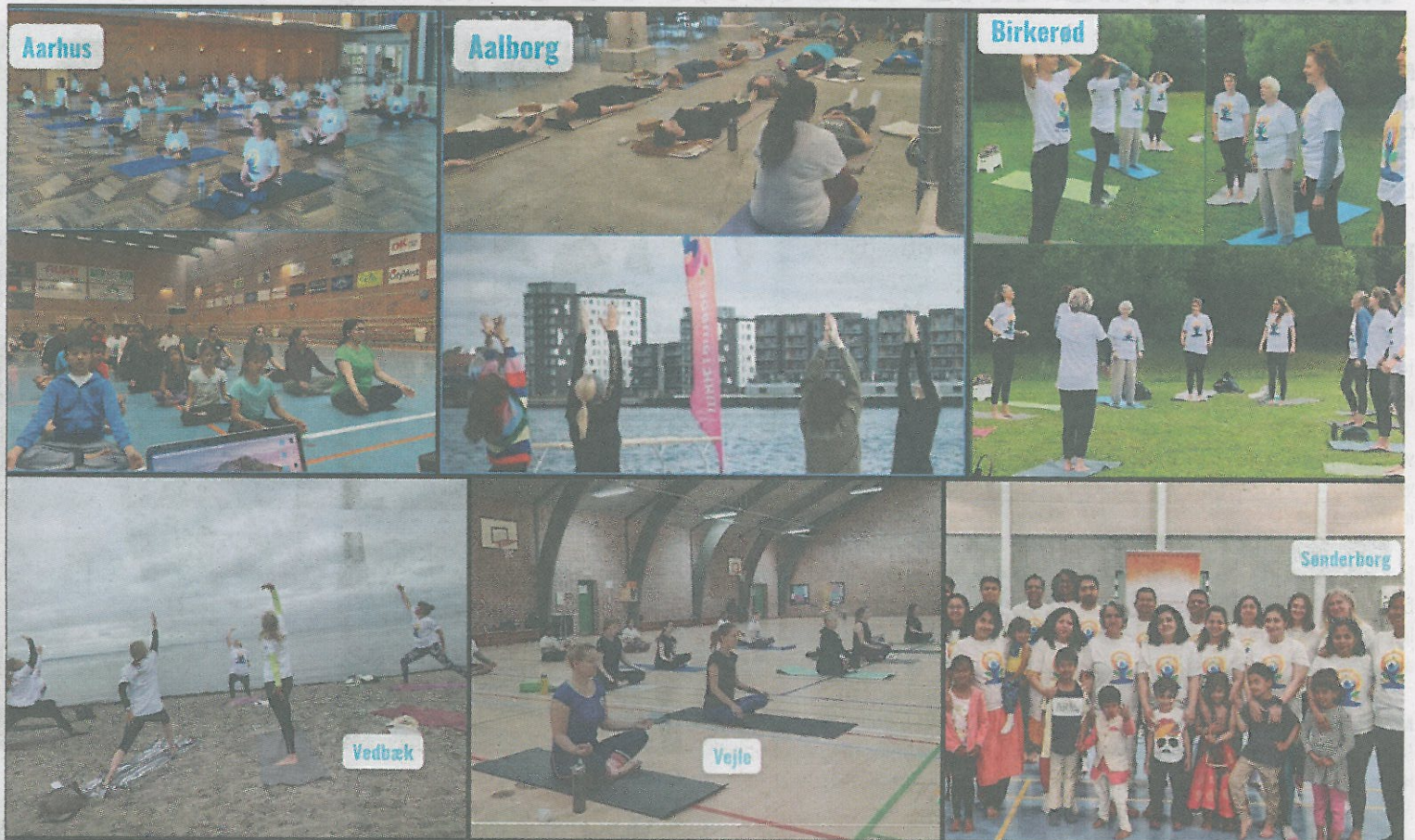
PHOTOS: INDIAN EMBASSY (UNLESS STATED)

THE 8TH INTERNATIONAL Day of Yoga (#IDY2022) was celebrated in multiple cities on June 21, including Copenhagen, Aalborg, Aarhus, Vejle, Vedbæk, Birkerød and Sønderborg.

Local yoga groups and the Indian diaspora teamed up for a great many events overseen by the Indian Embassy at iconic locations such as Copenhagen's Nyhavn and Rådhuspladsen, as well as Frederiksberg Have.

Where the Indian ambassador Pooja Kapur, who led from the front at almost every event held in the capital, gets her energy from is a mystery ...

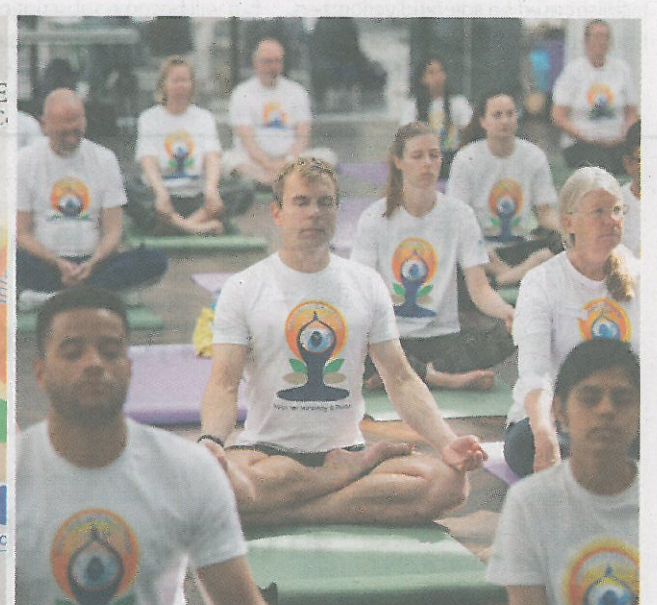
To be fair, it's probably yoga



Bouncing back from the pandemic, this was the biggest celebration of the International Day of Yoga yet held in Denmark – and it was even celebrated in Greenland



Ambassador Kapur, and countless others, performing yoga to iconic backdrops Frederiksberg Have, Rådhuspladsen and Nyhavn



Near Rådhuspladsen at Dansk Industri, a great many dignitaries joined Ambassador Kapur, including (LEFT: left-right) Hungarian ambassador Gabrielle Jacob, South African ambassador Fikile Sylvia Magubane, Lotte Machon (centre), the state secretary for development policy at the Foreign Ministry and Philippines ambassador Leo Herrera-Lim. Also present (CENTRE) was DI chief executive Lars Sandahl Sørensen. The DI yoga session (RIGHT) looked intense!